



STAR Swimming Swimmer Code of Conduct

Revised December, 2009

The purpose of this conduct policy is to promote personal responsibility, respect toward others, respect for public and personal property, and to insure that every swimmer is provided with an environment which allows them to reach their individual goals. Underlying this policy are the following assumptions:

1. A swimmer's conduct at practice and at meets should support every swimmer's ability to learn, as well as the coach's ability to teach.
2. A swimmer's conduct at practice and meets must always positively reflect the high standards of STAR swimming.

The conduct expected of all swimmers includes, but is not limited, to the following:

- Swimmers are expected to follow the directions of the coaches. Disrespect or failure to obey directions will not be tolerated.
- STAR swimmers are expected to use appropriate language. Use of profane, abusive language, or obscene gestures will not be tolerated.
- Any swimmer known to use alcohol, drugs or tobacco products will be subject to suspension from the team. This offense will result in automatic suspension from the team for a minimum of two weeks, and may be extended at the discretion of the Head Coach (subject to board approval).

- Swimmers are expected to show respect toward each other at all times. Fighting, intentional touching or striking another athlete are not acceptable behaviors.
- Inappropriate public displays of affection are not allowed before, during and after practice OR during swim meets and team travel.

Additional rules and expectations for team travel meets include:

- Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' hotel rooms unless a chaperone or coach is present in the room.
- Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between preliminaries and finals.
- Team members and parents are expected to display respect and sportsmanship toward coaches, officials, meet directors and fellow competitors.
- As a matter of pride and courtesy to the meet host, swimmers are expected to leave the STAR Swimming team area in a neat and clean condition at the conclusion of each session of the meet.

This code of conduct will be in force and effect for all STAR Swimmers during practice, during swim meets and at events sponsored by or in which STAR Swimming participates. Offenses will be subject to disciplinary measures including suspension from practice, suspension from the team, expulsion from the team, expulsion from a swim meet, and in the case of team travel meets, a swimmer may be sent home at the coach's discretion at parent expense.

I recognize my responsibility to abide by the rules and requirements of STAR Swimming. I acknowledge that I have read and understand the expectations and rules outlined in the Code of Conduct for STAR Swimming athletes.

Swimmer: _____

Date: _____

Parent: _____

Date: _____